Title: Group Fitness Instructor-Certified

Job Code: AF8

Workgroup: Fitness

General Purpose of Position: Provide a safe, inclusive and enjoyable experience for patrons of group fitness classes.

Responsibilities of the Position:
- Lead participants in safe and effective fitness classes.
- Enforce RecWell group fitness policies and eligibility requirements.
- Follow RecWell risk management policies and procedures.
- Record attendance of participants.
- Keep studios organized and clean; store and lock equipment properly after each class.
- Modify exercises to meet the needs of all participants utilizing progressions and regressions.
- Perform CPR and First Aid as needed.
- Keep certifications up-to-date according to certification requirements.
- Perform other duties as assigned.

Qualifications:
- Must be currently enrolled student at the University of Maryland, College Park
- Hold a current nationally recognized group fitness certification.
- Ability to obtain CPR/First Aid certification

Supervised by: Coordinator, Fitness Programs

Starting Pay: $16.00/hour

Average Weekly Work Hours Required for this Position: 2 - 10 hours/week